

Event held under UKA Rules 2026 - Please ensure you collect number and register both days, for all events.

Saturday 9th May 2026										Time					
Track				N	D	total	Field			N	D	Total			
T1	10.00	300m H	U16G	2	4	6	N & D	Final	F1	10.00	Hammer	Sen / Mst Men	6	6	12
T2	10.10	300m H	U16B	2		2	D	Final							
T3	10.20	400m H	U18/Sen W	6	1	7	N	Final	F2	10.00	Long Jump	U14B	4	9	13
T4	10.30	400m H	U18M	1		1	N & D	Final							
T5	10.30	400m H	U20/ Sen M	3		3	N & D	Final	F3	10.00	Long Jump	U16B	4	2	6
Q1	10.35	Quad Kids	75m	37		37	N	Heats							
T6	11.00	800M	U18W	4	5	9		Final	F4	10.15	Shot	U14G	5	5	10
T7	11.05	800M	U20/Sen W	2	5	7	N & D	Final							
T8	11.10	1500M	U16G	6	7	13	N	Final	F5	10.45	Pole Vault (1.50m)	Female	4	5	9
T9	to T30	11.20	200m	9		9	N	Heats							
T10	11.25	200m	U16B		6	6	D	Final	F6	11.30	Discus	U18/20/Sen/Mst W	5	6	11
T11	to T38	11.30	200m	10		10	N	Heats							
T12	to T39	11.35	200m		14	14	D	Heats	F7	11.45	Hammer	U14/16B	6	2	8
T13	to T31	11.40	200m	11		11	N	Heats							
T14	11.45	200m	U18W		5	5	D	Final	Q2	11.45	Quad Kids	Long Jump	37		37
T15	to T40	11.50	100m	13		13	N	Heats							
T16	to T41	11.55	100m		19	19	D	Heats	F8	12.30	Shot	U16G	3	9	12
T17	12.00	100m	35-49 Men	3	2	5	D	Final							
T18	12.05	100m	50-59 Men	4		4	N	Final	F9	13.00	Triple Jump	U16/18/20/Sen W	8	5	13
T19	12.10	100m	60+ Men	4	2	6	D	Final							
T20	12.15	100m	Mst W	2	4	6	N	Final	F10	13.00	Javelin	Sen/Mst M	9	6	15
T21	to T50	12.20	100m	16		16	N	Heats							
T22	to T51	12.25	100m		12	12	D	Heats	Q3	14.00	Howler	Quad Kids	37		37
T23	to T52	12.30	100m		9	9	D	Heats							
T24	12.35	100m	U14B	5		5	N	Final	F11	14.00	Pole Vault (1.50m)	Male	2	4	6
T25	12.40	3000m	U18/20/Sen W	3	3	6	N & D	Final							
T26	12.50	3000m	U16B	2	2	4	N & D	Final	F12	14.00	Long Jump	U18/20M	7	8	15
T27	13.40	1500m	U14G	6	8	14	N & D	Final	F13	14.15	Discus	U14/16G	5	8	13
T28	13.50	1500m	U18M	8	8	16	N & D	Final							
T29	13.55	1500m	U20/Sen M	9	2	11	N & D	Final	F14	14.30	Javelin	U14/16B	7	8	15
T30	See T9	14.05	200m				N	Final							
T31	See T13	14.10	200m				N	Final	F15	14.45	Shot	U18/20/Sen/Mst W	7	7	14
T32	14.15	200m	U20/Sen W	8		8	N	Final							
T33	14.20	200m	Sen W		5	5	D	Final	F16	15.30	Long Jump	Sen/Mst M	7	6	13
T34	14.25	300m	U16G	3		3	N	Final							
T35	14.30	300m	U16G		8	8	D	Final	F17	16.00	Javelin	U18M	3	5	8
T36	14.35	100m	Sen M	3		3	N	Final							
T37	14.40	100m	Sen M		7	7	D	Final							
T38	See T11	14.45	200m				N	Final							
T39	See T12	14.50	200m				D	Final							
T40	See T15	14.55	100m				N	Final							
T41	See T16	15.00	100m				D	Final							
T42	15.05	800m	U14B	5		5	N	Final							
T43	15.10	800m	U14B		11	11	D	Final							
T44	15.15	800m	U16B	4		4	N	Final							
T45	15.20	800m	U16B		10	10	D	Final							
T46	15.25	400m	U18M	5		5	N	Final							
T47	15.30	400m	U18M		6	6	D	Final							
Q4	15.35	600m	Quadkids	37		37	N	Heats							
T48	15.55	400m	U20/Sen M	3	5	8	N & D	Final							
T49	16.00	100m	U20M	3	2	5	N & D	Final							
T50	see T21	16.05	100m				N	Final							
T51	see T22	16.10	100m				D	Final							
T52	See T23	16.15	100m				D	Final							
T53	16.25	4 x 100m	Female	10	7	17	N & D	Final							

All discus to be held in outside cage

Relay teams declarations between 15.00 and 15.45 by Team managers

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Sunday 10th May 2026										Time					
		Track		N	D	total				Field	N	D	Total		
T54	9.55	3000m	35-59 Men	12	1	13	N & D	Final	F18	10.00	Hammer	U14/16/18W	3	7	10
T55	10.10	3000m	60+ Master Men	4	5	9	N & D	Final							
T56	10.30	1500m	U18/20/Sen W	7	5	12	N & D	Final	F19	10.00	Long Jump	U14G	11		11
T57	10.40	300m	U16B	5		5	N	Final	F20	10.00	Long Jump	U14G		7	7
T58	10.45	300m	U16B		6	6	D	Final							
T59	10.50	800m	U20/Sen M	1	3	4	N & D	Final	F21	10.00	High Jump	U14/16B	4	8	12
T60	11.00	800m	Sen M	7		7	D	Final							
Q5	11.05	75m	Quad Kids		36	36	N	Final	F22	10.15	Shot	U18/20M	3	5	8
T61	11.30	800m	U18M	7		7	N	Final							
T62	11.35	800m	U18M		6	6	D	Final	F23	11.15	Hammer	Sen/Master W	2	6	8
T63	11.45	75m H	U14G	4		4	N	Final							
T64	11.50	75m H	U14G		5	5	D	Final	F24	11.15	Long Jump	U18/20W	4	5	9
T65	12.00	80m H	U16G	5		5	N	Final							
T66	12.05	80m H	U16G		7	7	D	Final	F25	11.45	Shot	50+ Master Men	7	5	12
T67	12.15	80m H	U14B	2	2	4	N & D	Final							
T68	12.20	3000m	U16/ Mst W	3	9	12	N & D	Final	F26	11.45	High Jump	U18/20/Sen/ Mst M	8	6	14
T69	12.35	100m H	U18W	1	1	2	N & D	Final							
T70	12.45	100m H	U16B	1	3	4	N & D	Final	F27	12.00	Discus	U14/16 B	6	7	13
T71	12.55	100m H	U20/Sen W	6	2	8	N & D	Final							
T72	13.00	3000m	U18/Sen M	5	8	13	N & D	Final	F28	12.15	Long Jump	U16G	8		8
T73	13.15	110m H	U18M	1	3	4	N & D	Final	F29	12.15	Long Jump	U16G		12	12
T74	13.25	110m H	U20/Sen M	2	2	4	N & D	Final							
T75	13.30	1500m	U14B	5	5	10	N & D	Final	F30	12.30	Javelin	U18/20W	5	2	7
T76 to 101	14.15	200m	U16G	13		13	N	Heats	Q6	12.45	Howler	Quadkids		36	36
T77 to 102	14.20	200m	U16G		14	14	D	Heats							
T78 to 799	14.25	200m	U18M	14		14	N	Heats	F31	13.30	Javelin	U14/16G	7	7	15
T79 to T100	14.30	200m	U18M		13	13	D	Heats							
T80 to T104	14.35	100m	U16B	10		10	N	Heats	F32	13.30	Discus	Sen / Mst 35-49 Mer	5	7	12
T81	14.40	100m	U16B		7	7	D	Final							
T82 to T105	14.45	100m	U18W	10		10	N	Heats	F33	13.30	Triple Jump	All male	7	5	12
T83	14.50	100m	U18W		6	6	D	Final							
T84	14.55	800m	U16G	8		8	N	Final	F34	13.45	High Jump	U18/20/Sen W	6	3	9
T85	15.00	800m	U16G		8	8	D	Final							
T86	15.05	800m	U14G	8		8	N	Final	F35	14.15	Shot	U14/16B	6	11	17
T87	15.10	800m	U14G		8	8	D	Final							
T88	15.15	400m	35-49 Mst Men	4	1	5	D	Final	Q7	14.45	Long Jump	Quadkids		36	36
T89	15.20	400m	Mst 50+ Men	4	1	5	N & D	Final							
T90	15.25	400m	U18W	2	3	5	N & D	Final	F36	15.00	Javelin	Sen/Mst W	3	6	9
T91	15.30	400m	Sen W	4	2	6	N & D	Final							
T92	15.35	400m	Mst Women	1	2	3	N & D	Final	F37	15.00	High Jump	U16G	4	5	9
T93 to T103	15.45	200m	U14B		11	11	D	Heats							
T94	15.50	200m	U14B	4		4	N	Final	F38	15.30	Discus	U18/50+ Mst Men	5	9	14
T95	15.55	1500m	U16B	5	6	11	N & D	Final							
Q8	16.05	600m	Quadkids		36	36	D	Heats	F39	15.45	Shot	Sen/35-49 Mst M	6	4	10
T96	16.25	200m	U20M	1	3	4	N & D	Final							
T97	16.30	200m	Sen M	5		5	N	Final	F40	16.15	High Jump	U14G	5	3	8
T98	16.35	200m	Sen M		8	8	D	Final							
T99 See T78	16.40	200m	U18M				N	Final	F41	16.15	Long Jump	Sen/Mst W	4	4	8
T100 See T79	16.45	200m	U18M				D	Final							
T101 See T76	16.50	200m	U16G				N	Final							
T102 See T77	16.55	200m	U16G				D	Final							
T103 see T93	17.00	200m	U14B				D	Final							
T104 see T80	17.05	100m	U16B				N	Final							
T105 see T82	17.10	100m	U18W				N	Final							
T106	17.15	100m	U20W	5	1	6	N & D	Final	All discus to be held in outside cage						
T107	17.20	100m	U14G	8		8	N	Final							
T108	17.25	100m	U14G		8	8	D	Final							
T109	17.30	100m	Sen W	2	5	7	N & D	Final							
T110	17.40	4 x 100m	Male	8	8	16	N & D	Final							

Relay teams declarations between 15.00 and 15.45 by Team managers