

# **DERBYSHIRE SPORTSHALL LEAGUE**

**PROGRAMME MATCH 1**

**5.10.25**

## **TRACK**

### **1pm START**

U11G 1 Lap  
U11B 1 Lap

U13G 2 Lap  
U13B 2 Lap  
U15G 2 Lap  
U15B 2 Lap  
U11G 2 Lap  
U11B 2 Lap

U13G 6 lap  
U13B 6 lap

U15G 4 lap  
U15B 4 lap

U9s 1 Lap (Non-scoring)

### **INTERVAL**

### **RELAYS**

U13G 4 x 2  
U13B 4 x 2  
U15G 4 x 2  
U15B 4 x 2  
U11G 4 x 1  
U11B 4 x 1

## **FIELD**

### **STANDING TRIPLE JUMP**

1pm U15B  
U11B  
U13B  
U13G  
U11G

1pm **SHOT**  
U13B  
U13G  
U15G  
U15B

### **CHEST PUSH**

U11B  
U11G

### **VERTICAL HIGH JUMP**

1pm U15G  
U11G  
U11B  
U13B  
U13G

**ALL athletes are limited to a maximum of  
4 events including a relay.**

**A DERBYSHIRE ATHLETICS PROMOTION**